

**Legend High School
Spring/Summer Camps
2009**



**Corey Wise, Principal
Jason Jacob, Athletic/Activities Director
Sue Caughran, Athletic Secretary
Office (303) 387-4511
Mascot: Titans
Color: Royal Blue, White and Navy**

Legend High School
Athletic/Activities Department
Spring/Summer Sports and Activity Camps

March 2009

Dear Students and Parents:

It is with great pride and enthusiasm that the Athletic/Activity Department of Legend High School offers their Summer Sport and Activity Camp Programs. Please note location of camps while looking through the brochure.

We feel that the quality of our coaches and sponsors is unsurpassed. Their expertise and experience insures the best opportunity for young athletes and students to improve their knowledge and skill level during the summer months. These camps will also provide an opportunity for students and community to connect with the coaches and teachers of Legend High School.

We encourage you to pre-register for our camps beginning in April.

- 1. Please bring in or mail a registration form and payment for each student. You may pay for multiple camps with one payment.**
 - a.) You can drop off or mail the completed form to Legend High School, or turn in directly to the Camp Instructor on the first day of camp.**
 - b.) You may pay with checks and should be made out to Legend High School, or we also accept Visa and Master Card**
 - c.) For questions, please contact Jason Jacob or Sue Caughran at 303-387-4511.**

Brochures are handed out early to allow for family summer planning. Coaches and Sponsors are looking forward to your participation in the Legend camps. Thank you in advance for your support and participation.

Jason Jacob
Athletic Director
Legend High School

Legend High School
Attn: Athletic Department
22219 Hilltop Rd
Parker, CO 80138

All Athletes

1. Legend Speed, Strength and Agility Camp

Dates: June 8th – 25th and July 6th – 30th
(Mondays thru Thursdays)
Time: 7:00am – 9:15am
Grades: Incoming 8th – 10th graders
Place: Legend High School Gym and Field
Instructor: Legend Coaches
Cost: \$100 – t-shirt included
Equipment: Shorts, t-shirt, tennis shoes
Description: For all incoming athletes. This camp is open for incoming grades 8th and 10th graders. The participants will be divided by age and put through specific routines defined by their age and ability. The workouts will include basic instruction in areas such as functional weight lifting, agility, speed development, flexibility, medicine ball work, and plyometrics. The camp will focus on learning technique and general conditioning, and will not focus on heavy or extreme lifts.
Contact: Michael Wade –
Michael.wade@dcsdk12.org

Baseball Camp

2. Legend High School Baseball Camp

Dates: May 27th – 29th
Time: 7-10 year olds – 4:30pm – 6:00pm
11-14 year olds – 6:00pm – 7:30pm
Grades: Ages 7 – 14 years old
Place: Legend High School Baseball
Field/small gym (check website for changes)
Cost: \$60 includes a t-shirt
Instructor: Scott Fellers, Head Baseball Coach, and several current and former high school players will assist with the camp.
Equipment: Bat, glove and shoes
Description: This camp is designed to meet the needs of each participant in the areas of hitting, fielding, pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player. Please mail all camp registrations by May 23 (so coach can order shirts). If not, bring it on May 27th, the first day of camp. Walkups are welcome the day of camp. CHSAA rules state that there is to be NO contact between high school coaches and high school players on Sunday.
Contact: Scott Fellers – Scott.Fellers@dcsdk12.org, 303-387-4500 (wk), 720-308-3998 (cell). Website – www.legendbaseball.com

Basketball Camps

3. Basketball Coed Specialty Camp

Dates: June 8-10
Time: 4:00pm – 6:00pm – Guard Play
6:00pm – 8:00pm – Post Play
4:00pm – 8:00pm for both sessions
Grades: Incoming 3rd – 10th graders, boys and girls.
Place: Legend High School Gym
Cost: \$50 for one session, \$75 for both sessions. (includes T-shirt)
Instructor: Kevin Boley, Legend High School Head Boys Basketball Coach and Kevin Mathews, Legend High School Head Girls Basketball Coach
Equipment: Basketball shoes, t-shirt, shorts, water bottle (optional), a positive attitude, basketball with name clearly marked.

Description: Camp will focus on the skills essential to specific position play.

Contact: Kevin Boley - Kevin.boleyn@dcscdk12.org

4. Basketball All Skills Camp

Dates: June 24 - 27
Time: 9:00am – 3:00pm
Grades: Incoming 3rd – 9th grade boys
Place: Legend High School Gym
Cost: \$125 (includes a basketball)
Instructor: Kevin Boley, Legend High School Head Boys Basketball.
Equipment: Basketball shoes, t-shirt, shorts, water bottle (optional), positive attitude, basketball with name clearly marked.
Campers need to bring a lunch.

Description: Camp will focus primarily on offensive skill development, but will also include defense, rebounding, and transition work. Camp is structured and organized to introduce all campers to the skills and drills necessary to become successful at any level of basketball. Teaching progression

will take into account age and skill differences. Games will be played, prizes and awards given out.
Contact: Kevin Boley - Kevin.boleyn@dcscdk12.org

5. Girls Basketball Camp

Dates: June 22 - 25
Time: 4:00pm – 7:00pm
Grades: Incoming 3rd – 9th grade girls
Place: Legend High School Gym
Cost: \$60 (includes t-shirt)
Instructor: Kevin Mathews, Legend High School Head Girls Basketball Coach.
Equipment: Athletic shoes, shorts
Description: Come establish tradition and improve your fundamental skills at the LHS Girls Basketball Camp. We will stress individual skills, sportsmanship, teamwork and having fun. Each camper will receive a LHS basketball T-shirt. Sports drinks will be available for purchase.
Contact: Kevin Mathews – Kevin.Mathews@dcscdk12.org

Cheerleading Camp

6. Legend Cheerleading Camp

Dates: Monday June 15 and Wed June 17

Time: 4:30pm – 6:00pm
Performance Wednesday at 5:45pm

Grades: Kindergarten – 12th Grade

Place: Legend High School, Commons

Cost: \$35 – includes a t-shirt

Instructor: Sue Caughran, Head Cheerleading Coach, and the Legend Varsity Cheerleaders.

Equipment: Shorts, t-shirt (no spaghetti straps or tank tops), hair pulled back in a ponytail, athletic shoes.

Description: This Camp is designed to teach the fundamentals of cheerleading. In addition to learning basic cheerleading moves, participants will learn proper stretching techniques, jumps, basic stunting and gymnastics, cheers, and a dance.

Instruction will be split based on ability and grade.

Included with the instruction will be a mixture of fun and games. The clinic will end with a performance for parents and spectators at 5:45pm on Wednesday.

Contact: Sue Caughran –
susan.caughran@dcsdk12.org

Football Camps

7. Legend Spring Football Skills Camp

Dates: May 19th – May 21st, non-contact

Time: 3:00pm – 4:15pm

Grades: Incoming 9th – 10th grade football players

Place: Legend High School Turf Field

Instructor: Legend Varsity Football Staff

Cost: None

Equipment: Shorts, t-shirt, football cleats, tennis shoes.

Description: This camp is open for incoming 9th and 10th grade football players. This camp will focus on developing individual football skills, both general and position specific. The camp will also be geared toward implementing the Legend offensive and defensive schemes, and will also develop special teams' skills. This will be non-contact and will focus on individual position technique, general offensive and defensive sets, and special teams' skills. **Contact:** Michael Wade – Michael.wade@dcsdk12.org

8. Legend Football / Strength Camp

Dates: June 1st – 4th

Time: 7:00am – 9:15am

Grades: Incoming 9th and 10th Grade Football Players

Place: Legend High School weight room and field.

Instructor: Legend Football Coaching Staff

Cost: None

Equipment: Shorts, t-shirt, tennis shoes

Description: This camp is open for all incoming 9th and 10th grade football players. This camp is focused on improving athleticism by using specific training methods, both in the weight room and on the conditioning field. The participants will be divided by their position, and put through specific routines defined by their strength, ability, and training experience. The workouts will include basic instructions in areas such as functional football strength, agility, speed development, flexibility, medicine ball work and plyometrics, and football-specific conditioning and training regimens.

Contact: Michael Wade –
Michael.wade@dcsdk12.org

9. Legend Football Team Camp

Dates: July 7th – 10th
Time: All Day
Grades: 9th and 10th graders
Place: University of Nebraska at Kearney
Instructor: Legend football coaching staff
Cost: \$180
Equipment: Full gear will be checked out 6/1-6/4
Description: Visit: www.lopers.com/Football and go to 2009 UNK Full Contact Team Camp for information and registration form
Contact: Michael Wade – Michael.wade@dcsdk12.org.

10. Titans Youth Football Camp

Dates: July 28th – 30th
Time: 2nd – 5th grade – 4:00pm – 5:30pm
6th – 8th grade – 6:00pm – 7:30pm
Grades: Incoming 2nd – 8th graders
Cost: \$75 per player, or \$65 team rate per player (w/ 10 or more players) – includes t-shirt
Place: Legend Football Field
Instructor: Legend Football Coaching staff
Equipment: Full Gear
Description: Visit legendtitansfootball.com and go to 2009 Legend Titans Youth Camp.
Contact: Michael Wade – Michael.wade@dcsdk12.org

11. Legend Football “Titan” Pre Season Camp

Dates: August 10th – 14th
Time: 3:00pm – 5:30pm
Grades: Incoming 9th and 10th graders
Place: Legend High School Football Field
Cost: None
Instructor: Legend football coaching staff.
Description: This is a pre-season non padded conditioning and review camp for all 9th and 10th grade football players. This camp will focus on reviewing individual football skills, both general and position specific. The camp will also be geared toward reviewing and further developing the Legend offensive and defensive schemes, and will also review special teams’ skills.
Contact: Michael Wade – Michael.wade@dcsdk12.org

Running Camps

12. Fitness and Cross Country Camp – Boys and Girls (7th – 10th grade)

Dates: June 1– July 24, Monday thru Friday's

Time: **Mondays:** Hidden River Clubhouse, 5:30pm – 7:00pm
Tuesdays: Tallman Park, 8am
Wednesdays: Salisbury Park, 8am
Thursdays: Tallman Park, 8am
Fridays: Tallman Park, 8am
Times and distances are subject to change. Email for reg. or directions. Weight room sessions: Monday – Thurs at 9:30am – 10:30am

Grades: Incoming 7th – 10th graders

Place: See time above

Instructor: Roger Miller, Legend HS Cross Country and Track Coach. Coach Miller has coached distant runners for over 20 years.

Cost: \$100 (includes Camp/Mileage T-shirt, water bottle, and 8 weeks of instruction + camp notebook)

Equipment: Running shoes and running attire

Description: This running camp is for all boys and girls in grades 7-10. The camp is pre-season Cross Country training, but is open to all students who want to improve fitness and conditioning for all sports. Camp is a low-key fun and social way to get in shape, learn technique and philosophy of running, as well as various forms of training (long easy distance, speed play, running games, hills, etc). On-line training log, goal setting, and training literature will be included. Runners will be grouped by ability and experience (novice, intermediate, and advanced). Focus will be on building endurance, flexibility, and core strength. No experience is required. Proper footwear and training aides will be addressed and a shoe night (discount) is included. Running sites may include: Aurora Reservoir, Castlewood Canyon, Cherry Creek State Park Red Rocks, Denver City Park, and Lookout Mountain. Travel days will be included when transportation and/or parent volunteers are available.

LHS Runners have an option for a mountain training retreat the last week of July. TBA

Contact: Coach Miller – Roger.Miller@dcsdk12.org

13. Lightning Fast Speed Camp

Dates: June 24, 25, 26

Time: 3:30pm – 5:00pm

Grades: Incoming 4th - 8th graders (boys and girls)

Place: Legend HS Track

Cost: \$60 (Includes t-shirt and goodies)

Instructor: Roger Miller, Legend HS Cross Country and Track Coach. Coach Miller has coached all grades and events of Track and Field for over 20 years.

Equipment: Running shoes and running attire.

Description: The speed camp is designed for an intro to speed development and the skills needed to run faster. The camp is designed to help all sports and will focus on footwork, reaction, and sprinting technique. Some jumping drills will also be included, as well as running games and relays. For a brochure or more information please see the LHS website or email Coach Miller.

Contact: Coach Miller – Roger.Miller@dcsdk12.org

Soccer Camps

14. Legend High School Soccer Camp

Dates: August 3rd – 7th
Time: 3:30pm – 5:30pm (boys and girls)
Grades: Incoming 6th – 12th graders
Place: Legend High School Soccer Field
Cost: \$75 (Includes t-shirt)
Instructor: Danny Winsor Legend HS Head Boys and Girls Coach and LHS Coaching Staff

Equipment: Soccer ball, water and shin-guards
Description: This training camp is for both boys and girls. Come join the Legend High School Titan's soccer team as they train and prepare for their season. Three-time State championship soccer coach, Danny Winsor and his experienced staff will train conditioning, technical and full-sided games. All ability levels are welcome. There will be one session per day, weather permitting. We look forward to working with you this summer.

Contact: Danny Winsor – Daniel.Winsor@dcsdk12.org or 303-387-4500.

15. Legend Titan Preseason Boys Soccer Camp

Dates: August 10th – 14th
Time: 3:00pm – 5:00pm
Grades: Incoming 9th – 10th graders
Place: Legend High School Soccer Field
Cost: \$50 (Includes t-shirt)
Instructor: Danny Winsor Legend HS Head Boys and Girls Coach and LHS Coaching Staff

Equipment: Soccer ball, water and shin-guards
Description: This camp is critical to give you the edge you need for tryouts and a successful soccer season. All boys interested in playing for the LHS Soccer Team are recommended to attend. Please call Coach Danny Winsor for any questions.

Contact: Danny Winsor – Daniel.Winsor@dcsdk12.org or 303-387-4500

Softball Camp

16. Legend High School Softball Camp

Dates: April 30 – May 1
Time: 5:00pm – 7:00pm
Grades: Ages 7 – 14 years old
Place: Legend High School Softball Field/small gym (check website for changes)
Cost: \$40 includes a t-shirt
Instructor: Scott Fellers, Head Softball Coach, and several current and former high school players will assist with the camp.

Equipment: Bat, glove and shoes
Description: This camp is designed to meet the needs of each participant in the areas of hitting, fielding, pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player. Please mail all camp registrations by April 25th (so coach can order shirts). If not, bring it on April 30th, the first day of camp. Walkups are welcome the day of camp. CHSAA rules state that there is to be NO contact between high school coaches and high school players on Sunday.

Contact: Scott Fellers – Scott.Fellers@dcsdk12.org, 303-387-4500 (wk), 720-308-3998 (cell). Website – www.legendsoftball.com

Tennis Camps

17. Titans Tennis Camp #1

Dates: July 22nd – 24th
Time: 4:00 – 5:30pm
Grades: Incoming 6th – 10th grade
Place: Legend High School, tennis courts
Cost: \$60
Instructor: Barry Riddle, Head Tennis Coach
Equipment: Tennis Racquet, proper tennis shoes, proper attire, water
Description: Emphasis will be placed on building the skills necessary for successful participation in tennis at the high school level. Participants will learn the fundamentals of the forehand, backhand, volley, serve and overhead. In addition, players will learn basic singles and doubles strategies as well as workout and training techniques to help prepare for high school participation.
Contact: Barry Riddle – parkertennis@gmail.com

18. Titans Tennis Camp #2

Dates: August 4th – 6th
Time: 4:00 – 5:30pm
Grades: Incoming 6th – 10th grade
Place: Legend High School, tennis courts
Cost: \$60
Instructor: Barry Riddle, Head Tennis Coach
Equipment: Tennis Racquet, proper tennis shoes, proper attire, water
Description: Emphasis will be placed on building the skills necessary for successful participation in tennis at the high school level. Participants will learn the fundamentals of the forehand, backhand, volley, serve and overhead. In addition, players will learn basic singles and doubles strategies as well as workout and training techniques to help prepare for high school participation.
Contact: Barry Riddle – parkertennis@gmail.com

Volleyball Camps

19. Volleyball Summer Camp

Dates: August 3 – August 7
Time: 3:30pm – 6:00pm
Grades: Incoming 7th – 9th graders
Place: Legend High School Gyms
Cost: \$75 (includes t-shirt)
Instructor: Katie Winsor, Legend High School Head Volleyball Coach, and rest of LHS volleyball staff
Equipment: Proper gym shoes, training shorts or spandex, and a t-shirt (no tank tops). Bring kneepads and a water bottle.
Description: This camp is the best way to prepare for the upcoming fall volleyball season. Sessions include skills breakdown, position-specific instruction, team systems, speed and agility training and a variety of game situations. Beginning and advanced players are welcome.
Contact: Katie Winsor – katie.winsor@dcsdk12.org

20. Legend Volleyball Preseason Camp

Dates: August 10 – August 14
Time: 3:00pm – 5:00pm
Grades: Incoming 9th – 10th graders
Place: Legend High School Gyms
Cost: \$50 (includes t-shirt)
Instructor: Katie Winsor, Legend High School Head Volleyball Coach, and rest of LHS volleyball staff
Equipment: Proper gym shoes, training shorts or spandex, and a t-shirt (no tank tops). Bring kneepads and a water bottle
Description: This camp is critical to give you the edge you need for tryouts and a successful volleyball season! All girls planning on trying out for an LHS Volleyball Team should plan on attending both camps.
Contact: Katie Winsor – katie.winsor@dcsdk12.org

Wrestling Camps

21. Legend High School Wrestling Camp

Dates: June 22nd – 27th
Time: 2:30pm – 4:30pm
Grades: Incoming 9th – 10th graders
Place: Legend High School, Commons
Cost: \$100
Instructor: Charlie Yancey, Head Wrestling Coach and other Legend Wrestling Coaches
Equipment: Shorts, t-shirt, wrestling shoes (contact if a problem), water bottle, and a snack.

Description: This camp is designed to introduce the athletes to the new program, establish traditions, and to focus on the fundamentals of wrestling. Special attention will be paid to take downs, hip and hand control, and pinning combinations. The camp will include fun wrestling games, tumbling and will culminate with a take down tournament.

Contact: Charlie Yancey – charles.yancey@dcsdk12.org or 303-886-3294

will include fun wrestling games, tumbling and will culminate with a take down tournament.

Contact: Charlie Yancey – charles.yancey@dcsdk12.org or 303-886-3294, or Andrew Ubben at Andrew.ubben@dcsdk12.org

22. Legend Youth Wrestling Camp

Dates: June 24th – 27th
Time: 9:00am – 3:00pm
Grades: Ages 5 - 14
Place: Legend High School, Commons
Cost: \$100, \$90 for second child, \$80 for third child
Instructor: Charlie Yancey, Head Wrestling Coach, Andrew Ubben, and other Legend Wrestling Coaches
Equipment: Shorts, t-shirt, wrestling shoes (contact if a problem), water bottle, and a snack.

Description: This camp is designed to introduce the athletes to the new program, establish traditions, and to focus on the fundamentals of wrestling. Special attention will be paid to take downs, hip and hand control, and pinning combinations. The camp

Activity Camps

23. Legend / Cimarron Musical Camp

Dates: Monday June 8 - 12
Time: 9:00am – 3:00pm (Mon – Thur)
Performances Friday – Matinee at 3:00pm, Evening at 6:00pm
Grades: 7th – 10th Grade
Place: Legend High School, Theater
Cost: \$200 per students. (Includes camp t-shirt, 4 show tickets, costumes, and pizza for dinner on the final day.)
Instructor: Kurt Stroman, Krisha Sielaff
Equipment: Sack lunch daily, snacks, and water bottle. Please wear comfortable (dance) clothes and shoes.

Description: Auditions/Audition Workshop:
(Note: All interested students are guaranteed a part in the show – these auditions are to practice audition skills and to place students in roles.) Students will pick up the audition material on May 15th when registration is due, from Mrs. Sielaff and memorize the given monologue and song for the audition workshop/auditions on May 21st and 22nd after school. The cast list will be posted and scripts/materials handed out on Monday, 25th after school. - **Students must have all lines and songs memorized by June 8th (our first rehearsal)**

“Annie”: A Broadway Musical in one week! In this comprehensive one-week camp students will develop audition, acting, singing and dancing skills for a Broadway “Style” Musical culminating with two performances of the show at the end of the week.

Legend High School and Cimarron Middle School Musical Theatre Presents... ‘Annie’. Based on the popular comic strip, ‘Annie’ tells of a spunky Depression-era orphan determined to find her parents, who abandoned her years ago on the doorstep of a New York City Orphanage run by the cruel Miss Hannigan’s evil machination, befriends President Franklin Roosevelt and finds a new family in billionaire Oliver Warbucks, his personal secretary Grace Farrell and a loveable mutt named Sandy.

Contact: Kurt Stroman – kurt.stroman@dcsdk12.org ,
Krisha Sielaff – krisha.sielaff@dcsdk12.org

24. Marching Band Music Mini Camp

Dates: June 1 – June 4
Time: 9:00am – 1:00pm
Grades: Incoming 8th – 10th, marching band students.
Place: Legend High School, Theater
Cost: Included in Band Camp Fee
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: This is a 4 day music camp for all marching band students... This camp is not for Percussionists or Color Guard members as they are on a slightly different schedule. This is the only camp for Brass and Woodwind marching band members until July 20th. If possible, parents - please plan vacations and schedules around these dates as they are a necessity for marching band students. Much of the music for the fall marching show will be learned during these 4 days. If a student is not at the camp, that does not preclude them from participation in marching band, it just means that they will be significantly behind in their music preparation. Monday Day 1 Learn 1st production, Tuesday Day 2 Learn 2nd Production, Wednesday Day 3 Learn 3rd Production, Thursday Day 4 Review music for all Productions/ and begin parade music preparation for Colorado State Fair Parade(Pueblo) and Holiday Bowl Parade in (San Diego, CA) More detailed information for each day will be available before camp begins. If you have a conflict with this camp, please contact Mr. Otis immediately. See band website for more information – www.legendtitanband.org

Contact: Orlando Otis – Orlando.Otis@dcsdk12.org

25. Legend Percussion and Color Guard Camp

Dates: July 13 – July 17
Time: TBA
Grades: All members of the Legend Marching Percussion, Pit Percussion and Color Guard
Place: Legend High School
Cost: Included in fee for Band Camp
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: All members of the Legend HS Marching Percussion, Pit Percussion and the Color Guard members are required to attend this camp. The exact time of day has not been determined but they will be 4 hours in length. The percussion sections and color guard sections traditionally meet before the full band meets. Because of the nature of their instruments and equipment it is imperative that they get a head start on the band. This camp begins 1 week before the full band camp and runs from July 13 - 17. The exact time of day for this camp will be determined in the spring of 2009. The 2 week full band camp will begin the week after Percussion and Flag Camp. The full band camp includes All Brass, Woodwinds, Percussion and Color Guard If possible, percussion and color guard parents, please plan vacations and other events between the end of school and July 13th as it is a necessity for all percussion and color guard students to be in attendance at these camps. See band website for more information – www.legendtitanband.org

Contact: Orlando Otis –
Orlando.Otis@dcsdk12.org

26. Legend Full Marching Band Camp

Dates: July 20 – July 31, Monday - Friday
Time: TBA
Grades: All members of the Legend Marching Band
Place: Legend High School
Cost: \$565.00, due by Wed, July 29
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: Full Marching Band camp means: All students that are in marching band -Color Guard / Percussion / Brass and Woodwind students. This camp runs from July 20 - July 31st (no weekends) The schedule is 8am - 4pm. There will be much information on these most important 2 weeks in the months to come. Students will learn the 09' field show for the fall as well as parade music for the fall parades which will include the Colorado State Fair, Littleton Western Welcome week and the Holiday Bowl Parade in San Diego, CA. See band website for more information – www.legendtitanband.org

Contact: Orlando Otis – Orlando.Otis@dcsdk12.org



Legend Titans

Credit Card Payment request

Description
of purchase _____

Total Due LHS

Credit Card # _____

Mastercard and Visa only

Expiration Date _____

Signature _____

Name on Card _____

Billing Address _____

Zip Code _____

Phone Number _____

Thank you for your payment.



Legend Titans

Credit Card Payment request

Description
of purchase _____

Total Due LHS

Credit Card # _____

Mastercard and Visa only

Expiration Date _____

Signature _____

Name on Card _____

Billing Address _____

Zip Code _____

Phone Number _____

Thank you for your payment.

2009 Legend Spring/Summer Camp Registration

Please Print. Do not include more than one participant per registration form; use blank form to make copies for additional participants. Please mail or bring in registration forms and checks to the Athletic Office, or the Camp Instructor.

Student's Name _____ Age _____

Parent/Guardian's Name _____

Address _____
Street _____ City _____ Zip code _____

Phone Number _____ Work Number _____

School student now attends _____ Grade (as of 2009-2010 School Yr.) _____

Emergency Information: If we cannot contact parents, call:

Name _____ Phone _____

Relationship _____

Family Doctor _____ Phone _____

STUDENT AND PARENT OR GUARDIAN ADVISEMENT AND PERMIT

Colorado High School Activities Association Rules and Regulations state that no pupil shall participate in interscholastic activities until he/she is on file with the appropriate office: (a) a statement signed by his or her parent or legal guardian that he/she has the consent to participate and (b) a statement from a practicing physician certifying that the pupil is physically fit to participate in high school interscholastic activities.

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants can and have the responsibility to help reduce the chance of injury. PLAYERS UNDERSTAND AND, BY THEIR PARTICIPATION, AGREE THAT THEY MUST AND WILL OBEY ALL SAFETY AND TRAINING RULES, FOLLOW DIRECTIVES OF THE COACHES, PROMPTLY REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM AND INSPECT THEIR OWN EQUIPMENT DAILY. By signing this Permission Form parents and student acknowledge that they have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.

We understand that coaches, trainers and team physician may use their own judgment in securing medical aid and ambulance service in case of an emergency or in mild injuries where parents cannot be reached. Also the team physician, trainer and/or coach may apply first aid treatment until the family physician can be contacted.

I have read the foregoing, acknowledge the "WARNING" above, accept the risks described and agree to abide by the principles and regulations contained therein.

X _____
Signature of Student _____ Date _____

I/We have read the foregoing, acknowledge the "WARNING" above, accept the risks described and hereby give consent for the above named student to participate in interscholastic athletics within the Douglas County School District Re. 1, in the following Colorado High School Activities Association approved sports except those crossed out: Baseball, basketball, cross country, football, golf, gymnastics, soccer, swimming, tennis, track and field, volleyball and wrestling. Consent includes spirit teams, managing and training unless crossed out.

X _____
Signature of Parent or Guardian _____ Date _____

INTERSCHOLASTIC ACTIVITIES INSURANCE WAIVER

I fully understand the Douglas County School District Re. 1 does not provide health or life insurance coverage for the above named student while he/she is participating in the activities associated with interscholastic sports. I/We further understand that it is my/our responsibility to provide adequate insurance coverage to the above named student.

X _____
Signature of Parent or Guardian _____ Date _____

<i>Camp #</i>	<i>Camp Title</i>	<i>Date/Time of Camp</i>	<i>Cost of Camp</i>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

Please make checks payable to Legend High School. Your processed check will be your receipt.
If check is returned, you may be charged collection fees through the District. If paying with credit card, please print out the credit card form and return with registration form.