



3rd Annual Legend CrossFest 2kX

Traditional Cross Country! Bring the whole team. A race for everyone!

It's Real Cross Country... There is a race for everyone! A Cross Country Festival without the crowds of multiple divisions and staggered starts.

The CrossFest will be a traditional Cross Country race over wild grass and trails on the scenic Colorado Horse Park Equestrian course in Parker, Colorado. This course will follow trails of natural grass, dirt and sand with both long down hills and some up hills. The course is truly cross-country! We have had races here before and this may be one of the best true cross-country courses in the state! We had some great comments on this course and meet. We look forward to you having us on your schedule. This is a great race for your entire team. The races will be held on Saturday this year. Get ready for "Saturday" Racing! This may be the last Saturday Race until STATE! There will be team awards and individual awards in every division!

Please join us, and thank you for supporting high school athletics!

DATE: Saturday October 2nd, 2010

CrossFest will include a variety of race divisions, including a Freshman/Sophomore division.

SITE: Colorado Horse Park Equestrian Course on Bayou Gulch Road. The course is across from Sagewood Middle School, just east of Ponderosa High School in Parker. Parking is on the north side of Bayou Gulch Road.

The course is all dirt/sand/wild grass/ hills and some great wooded sections. A true equestrian cross-country course! This will be "Real" Cross Country!

More info will be sent out in the spring/summer of 2010. Please respond to get on our mailing list.

ENTRY FEE: \$150 per school. Checks to Legend High School, 22219 Hilltop Road, Parker, Co 80138

Improved sponsors and timing this year. No pavement! It's a up and downhill true course that will provide some great views and great competition! We had 2 national elite performances on this course.

If you would like to attend, please email me ASAP and I will put you on the meet mailing list. I hope you will join us and make this a part of your 2010 schedule.

Please respond by email ASAP. Contact info is on the following page.

YES _____, we would like to attend this event. Please send us more info

School: _____

Coach(s) _____

Email: _____

Boys _____ Girls _____

Thanks,

Roger Miller, Legend High School CC/Track
Roger.Miller@dcsdk12.org (please respond by email). Contracts will be sent ASAP

Tentative Race Schedule

8:15 packet pick up and course will be open

9:05 Middle School Races (Please forward to your middle school- No entry fee)
1.5 mile course (approx)

10:00 Boys Open Division Score "5" unlimited entries

10:35 Girls Varsity Division Score "5" run up to 10

11:15 Boys Varsity Division Score "5" run up to 10

11:45 Girls Open Division Score 5 unlimited entries

12:30 Team Awards

We pull score the top Freshman/Sophomore (regardless of race entered) and score them in a virtual meet. No need to worry about what race your better runners race in!

Time schedule and divisions subject to change based on entries, please reply ASAP to get on the mailing list.

Good Luck in 2010

Roger

Cell: 303-913-4674

Fax: 303-387-4501

School: 303-387-4500

