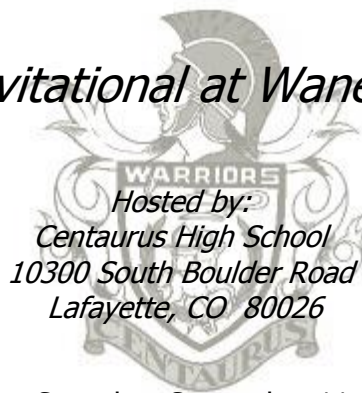


Centaurus Invitational at Waneka Lake Park



Hosted by:

*Centaurus High School
10300 South Boulder Road
Lafayette, CO 80026*

Date: Saturday, September 11, 2010

Time Schedule: **(Updated)**

Coaches Meeting (at the pavilion)	9:00 AM
Girls Varsity (Run 7, Score 5)	9:30 AM
Boys Varsity (Run 7, Score 5)	10:00 AM
Girls Open (unlimited, no score)	10:30 AM
Boys Open (unlimited, no score)	11:00 AM
Awards	11:30 AM

ARRIVAL/PARKING INFORMATION

The meet will not take place at Centaurus High School. Our home course is at Waneka Lake Park located across the street from the school. **All cars and busses are asked to park on the road and not in the West Parking lot.**

Please note that any roads along side the course will be marked and closed off to street-side parking. There is additional parking available at the East Parking lot of Waneka Lake. A map is included and attached to this email.

Due to parking limitations, **please limit the number of student drivers, if possible.** We plan on having extra porta-johns available to accommodate the number of student-athletes.

AWARDS

Awards will be presented promptly at 11:30 AM at the Pavilion near the concessions stand. Ribbons will be presented to those individuals who finish in the top 15 places. Plaques will be presented to the 1st and 2nd place teams.

TEAM COMPOSITION, ENTRIES, AND SCORING

Varsity teams may have 7 entries, with the top five finishers used for scoring. In case of ties, sixth place finishers will be used.

Teams may have unlimited entries for the Open\JV Races; however no official timing will take place.

Redline Racing will be maintaining the entries and scoring for the meet. You must upload your roster to the registration website for your VARSITY TEAM by **Thursday, September 9th at 5:00 p.m.** Please keep in mind that you will only be able to run 7 Varsity athletes; however, the JV/Open race has unlimited entry for your team.

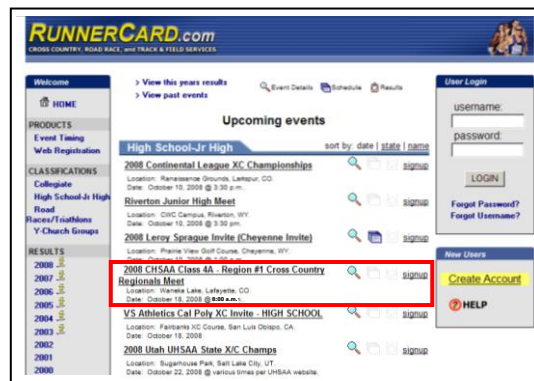
Each runner will receive a bib with his or her name label on it. **It is extremely important that you give the correct bib to each runner.**

TEAM REGISTRATION

As soon as possible, please upload your Varsity team roster to the registration website. Go to the URL listed below and sign-up for the [2010 Centaurus Cross Country Invite](#).

You will need to create an account for your school before entering in your team. Please contact the Centaurus Meet Director, Brian Huang at: huang.brian.c@gmail.com if you have any problems with registration.

Registration URL: <http://www.runnercard.com/e/runner.Main?class=11>



COURSE

The course is the same as the one used at the Centaurus Invitational. Our 5K course is both challenging and enjoyable. It has a good mix of grass, groomed dirt trails, and some concrete paths. Please feel free to schedule a time to come walk/jog/run the course prior to the race on Saturday. Contact the Centaurus Cross Country Head Coach Brian Matthews at brianbmattthews@hotmail.com if you would like to preview the course. A course map is attached.

COSTS

Each school is being asked to pay \$110.00 for either a boys/girls team and \$130.00 for both teams to offset the costs incurred for the timing system/finish line and porta-johns. Please send checks, payable to "Centaurus High School", to the school ASAP.

For more information, or if you have any questions, please contact:

Paul Roper, Centaurus High School Athletic Director
paul.roper@bvsvd.org
Voice: (303) 447-5362

or,

Brian Huang, Centaurus Invitational Race Director
huang.brian.c@gmail.com
Cell: (303) 596-8163