

**Legend High School
Spring/Summer Camps
2010**



**Corey Wise, Principal
Jason Jacob, Athletic Director
Mari Farley, Activities Director
Sue Caughran, Athletic/Activity Secretary
Office (303) 387-4511
Mascot: Titans
Color: Royal Blue, White and Navy**

Legend High School
Athletic/Activities Department
Spring/Summer Sports and Activity Camps

March 2010

Dear Students and Parents:

It is with great pride and enthusiasm that the Athletic/Activities Department of Legend High School offers their Summer Sport and Activity Camp Programs. Please note location of camps while looking through the brochure.

We feel that the quality of our coaches and sponsors is unsurpassed. Their expertise and experience insures the best opportunity for young athletes and students to improve their knowledge and skill level during the summer months. These camps will also provide an opportunity for students and community to connect with the coaches and teachers of Legend High School.

We encourage you to pre-register for our camps beginning in April.

- 1. Please bring in or mail a registration form and payment for each student. You may pay for multiple camps with one payment.**
 - a.) You can drop off or mail the completed form to Legend High School, or turn in directly to the Camp Instructor on the first day of camp.**
 - b.) You may pay with checks and should be made out to Legend High School, or we also accept Visa and Master Card**
 - c.) For questions, please contact Jason Jacob, Mari Farley or Sue Caughran at 303-387-4511.**

Brochures are posted early to allow for family summer planning. Coaches and Sponsors are looking forward to your participation in the Legend camps. Thank you in advance for your support and participation.

Jason Jacob
Athletic Director
Mari Farley
Activity Director
Legend High School

Legend High School
Attn: Athletic/Activity Department
22219 Hilltop Rd
Parker, CO 80138

All Athletes

1. Legend Strength and Speed Camp

Dates: May 31st – June 25th and July 5th – 30th (Monday, Tues, Thur, Fri)

Time: Each morning session will be divided into two time periods.
Period 1 – 7:00am – 8:45am
Period 2 – 8:00am – 9:45am
Athletes will be placed in groups and will trade off periods each week.
Example: Group 1 will be assigned Period 1 for the first week and Period 2 for the second week.

Grades: Incoming 8th – 11th graders

Place: Legend High School Gym and Field

Instructor: Legend Coaches

Cost: \$100 – t-shirt included

Equipment: Shorts, t-shirt, tennis shoes

Description: For all incoming athletes. This camp is open for incoming grades 8th and 11th grade athletes. The participants will be grouped by sport and put through specific strength and speed routines. The workouts will include basic instruction in areas such as functional weight lifting, agility, speed development, flexibility, and plyometrics. The camp will focus on learning technique and general conditioning.

Contact: Michael Wade – Michael.wade@dcsdk12.org

Baseball Camp

2. Legend High School Baseball Camp

Dates: June 1st – 3rd

Time: 8:00am – 11:30am
Pitching & Catching 8am – 9am - \$60
9am – 11:30am - \$75

Grades: Ages 7 – 14 years old

Place: Legend High School Baseball Field/small gym (check website for changes)

Cost: See above, or \$90 for all three days 8-11:30am, includes a t-shirt

Instructor: Scott Fellers, Head Baseball Coach, and several current and former high school players will assist with the camp.

Equipment: Bat, glove and shoes

Description: This camp is designed to meet the needs of each participant in the areas of hitting, fielding, pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player. Please mail all camp registrations by May 23 (so coach can order shirts). If not, bring it on June 1st, the first day of camp. Walkups are welcome the day of camp. CHSAA rules state that there is to be NO contact between high school coaches and high school players on Sunday.

Contact: Scott Fellers – Scott.Fellers@dcsdk12.org, 303-387-4500 (wk), 720-308-3998 (cell). Website – www.legendbaseball.com

Basketball Camps

3. Basketball Coed Specialty Camp

Dates: June 7-9
Time: 4:00pm – 6:00pm – Guard Play
6:00pm – 8:00pm – Post Play
4:00pm – 8:00pm for both sessions
Grades: Incoming 3rd – 11th graders, boys and girls.
Place: Legend High School Gym
Cost: \$60 for one session, \$85 for both sessions. (includes T-shirt)
Instructor: Kevin Boley, Legend High School Head Boys Basketball Coach and Kevin Mathews, Legend High School Head Girls Basketball Coach
Equipment: Basketball shoes, t-shirt, shorts, water bottle (optional), a positive attitude, basketball with name clearly marked.
Description: Camp will focus on the skills essential to specific position play.
Contact: Kevin Boley - Kevin.boleyn@dcsdk12.org

4. Basketball All Skills Camp

Dates: June 28 – July 1
Time: 9:00am – 3:00pm
Grades: Incoming 3rd – 9th grade boys
Place: Legend High School Gym
Cost: \$125 (includes a basketball)
Instructor: Kevin Boley, Legend High School Head Boys Basketball.
Equipment: Basketball shoes, t-shirt, shorts, water bottle (optional), positive attitude, basketball with name clearly marked.
Campers need to bring a lunch.
Description: Camp will focus primarily on offensive skill development, but will also include defense, rebounding, and transition work. Camp is structured and organized to introduce all campers to the skills and drills necessary to become successful at any level of basketball. Teaching progression

will take into account age and skill differences. Games will be played, prizes and awards given out.
Contact: Kevin Boley - Kevin.boleyn@dcsdk12.org

5. Girls Basketball Camp

Dates: June 23 - 25
Time: 4:00pm – 7:00pm
Grades: Incoming 3rd – 9th grade girls
Place: Legend High School Gym
Cost: \$60 (includes t-shirt)
Instructor: Kevin Mathews, Legend High School Head Girls Basketball Coach.
Equipment: Athletic shoes, shorts
Description: Come establish tradition and improve your fundamental skills at the LHS Girls Basketball Camp. We will stress individual skills, sportsmanship, teamwork and having fun. Each camper will receive a LHS basketball T-shirt. Sports drinks will be available for purchase.
Contact: Kevin Mathews – Kevin.Mathews@dcsdk12.org

Cheerleading Camp

6. Legend Cheerleading Camp

Dates: Monday June 14 and Wed June 16

Time: 4:30pm – 6:00pm

Performance Wednesday at 5:45pm

Grades: Kindergarten – 12th Grade

Place: Legend High School, Commons

Cost: \$40 – includes a t-shirt

Instructor: Sue Caughran, Head Cheerleading Coach, and the Legend Varsity Cheerleaders.

Equipment: Shorts, t-shirt (no spaghetti straps or tank tops), hair pulled back in a ponytail, athletic shoes.

Description: This Camp is designed to teach the fundamentals of cheerleading. In addition to learning basic cheerleading moves, participants will learn proper stretching techniques, jumps, basic stunting and gymnastics, cheers, and a dance. Instruction will be split based on ability and grade. Included with the instruction will be a mixture of fun and games. The clinic will end with a performance for parents and spectators at 5:45pm on Wednesday.

Contact: Sue Caughran –
susan.caughran@dcsdk12.org

Football Camps

7. Legend Football Skills Camp

Dates: May 10th – May 14st, non-contact

Time: 3:15pm – 5:00pm

Grades: Incoming 9th – 11th grade football players

Place: Legend High School Turf Field

Instructor: Legend Varsity Football Staff

Cost: None

Equipment: Shorts, t-shirt, football cleats, tennis shoes.

Description: This camp is open for incoming 9th - 11th grade football players. This camp will focus on developing individual football skills, both general and position specific. The camp will also be geared toward implementing the Legend offensive and defensive schemes, and will also develop special teams' skills. This will be non-contact and will focus on individual position technique, general offensive and defensive sets, and special teams' skills. **Contact:** Michael Wade – Michael.wade@dcsdk12.org

8. Legend Spring Football / Strength Camp

Dates: June 7th – 11th

Time: 8:00am – 10:30am

Grades: Incoming 10th - 11th Grade Football Players

Place: Legend High School weight room and field.

Instructor: Legend Football Coaching Staff

Cost: None

Equipment: Shorts, t-shirt, tennis shoes

Description: This camp is open for all incoming 9th - 11th grade football players. This camp is focused on improving athleticism by using specific training methods, both in the weight room and on the conditioning field. The participants will be divided by their position, and put through specific routines defined by their strength, ability, and training experience. The workouts will include basic instructions in areas such as functional football strength, agility, speed development, flexibility, medicine ball work and plyometrics, and football-specific conditioning and training regimens.

Contact: Michael Wade –
Michael.wade@dcsdk12.org

9. Legend Football Team Camp

Dates: June 13 – 16th
Time: All Day
Grades: 9th – 11th graders
Place: University of Nebraska at Kearney
Instructor: Legend football coaching staff
Cost: \$185
Equipment: Full gear will be checked out 6/7-6/11
Description: Visit: www.lopers.com/Football and go to 2010 UNK Full Contact Team Camp for information and registration form
Contact: Michael Wade – Michael.wade@dcsdk12.org.

10. Titans Youth Football Camp

Dates: July 27th – 29th
Time: 2nd – 5th grade – 4:30pm – 6:00pm
6th – 8th grade – 6:30pm – 8:00pm
Grades: Incoming 2nd – 8th graders
Cost: \$75 per player, or \$65 team rate per player (w/ 10 or more players) – includes t-shirt
Place: Burt.com Stadium
Instructor: Legend Football Coaching staff
Equipment: Full Gear
Description: Visit legendtitansfootball.com and go to 2009 Legend Titans Youth Camp.
Contact: Michael Wade – Michael.wade@dcsdk12.org

11. Legend Summer Football

Dates: August 9th – 13th
Time: 3:00pm – 5:30pm
Grades: Incoming 10th and 11th graders
Place: Legend High School Football Field
Cost: None
Instructor: Legend football coaching staff.
Description: This is a pre-season non padded conditioning and review camp for all 10th and 11th grade football players. This camp will focus on reviewing individual football skills, both general and position specific. The camp will also be geared toward reviewing and further developing the Legend offensive and defensive schemes, and will also review special teams' skills.
Contact: Michael Wade – Michael.wade@dcsdk12.org

Lacrosse Camp

12. Lacrosse Camp

Dates: TBA
Time: TBA
Grades: TBA
Place: Legend High School
Cost: TBA
Instructor: Chris Magrin, Legend Lacrosse Coach
Equipment: TBA
Description:
Contact: Coach Magrin at crmagrin@aps.k12.co.us

Running Camps

13. Fitness and Cross Country Camp – Boys and Girls (7th – 11th grade)

Dates: June 1– July 23, Monday’s thru Friday’s
Time: 8am-9:30am M-F
Meet at Tallman Meadow Park, Across from Legend HS Wednesday’s we meet at Salisbury Park*
Times and distances are subject to change. Email for reg. or directions.
Weight room sessions: Monday – Thurs at 9:30am – 10:30am
Grades: Incoming 7th – 10th graders
Place: See time above
Instructor: Roger Miller, Legend HS Cross Country and Track Coach. Coach Miller has coached distant runners for over 20 years.
Cost: \$100 (includes Camp/Mileage T-shirt, water bottle, and 8 weeks of instruction + camp notebook)

Equipment: Running shoes and running attire
Description: This running camp is for all boys and girls in grades 7-11. The camp is pre-season Cross Country training, but is open to all students who want to improve fitness and conditioning for all sports. Camp is a low-key fun and social way to get in shape, learn technique and philosophy of running, as well as various forms of training (long easy distance, speed play, running games, hills, etc). On-line training log, goal setting, and training literature will be included. Runners will be grouped by ability and experience (novice, intermediate, and advanced). Focus will be on building endurance, flexibility, and core strength. No experience is required. Proper footwear and training aides will be addressed and a shoe night (discount) is included.

Running sites may include: Aurora Reservoir, Castlewood Canyon, Cherry Creek State Park Red Rocks, Denver City Park, and Lookout Mountain. Travel days will be included when transportation and/or parent volunteers are available. Special event/camps will be announced. Look for more info on LHS CC website.

Contact: Coach Miller – Roger.Miller@dcsdk12.org

Pom Camp

14. Lightning Fast Speed Camp

Dates: June 28, 29, 30
Time: 3:30pm – 5:00pm
Grades: Incoming 5th - 8th graders (boys and girls)
Place: Legend HS Track
Cost: \$50 (Includes t-shirt and goodies)
Instructor: Roger Miller, Legend HS Cross Country and Track Coach. Coach Miller has coached all grades and events of Track and Field for over 20 years.

Equipment: Running shoes and running attire.

Description: The speed camp is designed for an intro to speed development and the skills needed to run faster. The camp is designed to help all sports and will focus on footwork, reaction, and sprinting technique. Some jumping drills will also be included, as well as running games and relays. Also check out the CARA Track Program through Parker Red. For a brochure or more information please see the LHS website or email Coach Miller.

Contact: Coach Miller –
Email Coach Miller T SHIRT SIZE by June 14th
Roger.Miller@dcsdk12.org

15. Legend High School Pom Camp

Dates: Friday, June 25th
Time: 8:30AM - 12:30
Grades: Pre-K - 12
Place: Legend High School Commons
Cost: \$40 (Includes t-shirt)
Instructor: Lindsey Willson, Head Pom coach, and Legend Varsity Poms
Equipment: Shorts, t-shirt, water bottle, snack, no jewelry, ballet/jazz shoes or tennis shoes, hair pulled back in a pony tail, beach towel, and sun glasses
Description: This camp is a summer beach party for students Pre-K - 12 where they will learn basic dance skills, jumps, turns, stretching technique, choreography, and kick-lines from the Legend Varsity Poms Team. This clinic will be fast paced, exciting, and tons of fun! Participants will be grouped by ability & age into three groups. This camp includes a warm-up, dance technique, a choreographed dance, a "beach party," and a performance for parents & spectators. Participants will watch the Varsity Poms Team perform and will perform their own summer-fun themed dance for parents at 12:00 noon. Please check www.legendpoms.org for more information & registration.

Contact: Lindsey Willson -
Lindsey.Willson@dcsdk12.org

Soccer Camps

16. Legend High School Soccer Camp

Dates: August 2nd – 6th
Time: 3:30pm – 5:30pm (boys and girls)
Grades: Incoming 7th – 11th graders
Place: Legend High School Grass Field
Cost: \$75 (Includes t-shirt)
Instructor: Danny Winsor Legend HS Head Boys and Girls Coach and LHS Coaching Staff

Equipment: Soccer ball, water and shin-guards
Description: This training camp is for both boys and girls. Come join the Legend High School Titan's soccer team as they train and prepare for their season. Three-time State championship soccer coach, Danny Winsor and his experienced staff will train conditioning, technical and full-sided games. All ability levels are welcome. There will be one session per day, weather permitting. We look forward to working with you this summer.
Contact: Danny Winsor – Daniel.Winsor@dcsdk12.org or 303-387-4500.

17. Legend Titan Preseason Boys Soccer Camp

Dates: August 9th – 13th
Time: 3:30pm – 5:30pm
Grades: Incoming 9th – 11th graders
Place: Legend High School Grass Field
Cost: \$50 (Includes t-shirt)
Instructor: Danny Winsor Legend HS Head Boys and Girls Coach and LHS Coaching Staff

Equipment: Soccer ball, water and shin-guards
Description: This camp is critical to give you the edge you need for tryouts and a successful soccer season. All boys interested in playing for the LHS Soccer Team are recommended to attend. Please call Coach Danny Winsor for any questions.
Contact: Danny Winsor – Daniel.Winsor@dcsdk12.org or 303-387-4500

Softball Camp

18. Legend Summer Softball Camp

Dates: August 9th and 10th
Time: 5:00 – 7:30pm
Grades: Ages 12 and under
Place: Legend High School Softball Field
Cost: \$40 includes a t-shirt
Instructor: Shelly Doumer, Head Softball Coach, and several current and former high school players will assist with the camp.

Equipment: Bat, glove and shoes

Description: This camp is designed to meet the needs of each participant in the areas of hitting, fielding, pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player. Please mail all camp registrations by August 1 (so coach can order shirts). If not, bring it on August 9th, the first day of camp. Walkups are welcome the day of camp.

See end of brochure for Pitching/Catching camp in August.

Contact: Shelly Doumer – Shelly Doumer 303-387-4500 (wk), shelly.doumer@dcsdk12.org

19. Legend Pre-Season Softball Camp

Dates: August 11, 12, 13
Time: 3:30 – 5:30pm
Grades: Ages 12 and up
Place: Legend High School Softball Field
Cost: \$45 includes a t-shirt
Instructor: Shelly Doumer, Head Softball Coach, and several current and former high school players will assist with the camp.

Equipment: Bat, glove and shoes

Description: This camp is designed to meet the needs of each participant in the areas of hitting, fielding, pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player. Walkups are welcome the day of camp.

See end of brochure for Pitching/Catching camp in August.

Contact: Shelly Doumer – Shelly Doumer 303-387-4500 (wk), shelly.doumer@dcsdk12.org

Tennis Camps

20. Titans Tennis Camp

Dates: Session 1 – May 26, 27, & 28
Session 2 – June 9, 10, & 11
Session 3 – July 14, 15, & 16
Session 4 – Aug 4, 5 & 6

Time: All Sessions - 11:30 – 1:00

Grades: Incoming 6th – 11th grade

Place: Legend High School, tennis courts

Cost: \$72 per session

Instructor: Barry Riddle, Head Tennis Coach

Equipment: Tennis Racquet, proper tennis shoes, proper attire, water

Description: Emphasis will be placed on building the skills necessary for successful participation in tennis at the high school level. Participants will learn the fundamentals of the forehand, backhand, volley, serve and overhead. In addition, players will learn basic singles and doubles strategies as well as workout and training techniques to help prepare for high school participation.

Contact: Barry Riddle – parkertennis@gmail.com

21. Titans Junior Tennis Team

Dates: June 8 – July 26

Time: Tuesdays and Thursdays 2:30 – 4pm,
Matches will be Monday mornings.

Grades: Ages 9-18

Place: Railbender

Cost: \$230, includes a team t-shirt

Instructor: Barry Riddle, Head Tennis Coach

Equipment: Tennis Racquet, proper tennis shoes, proper attire, water

Description: In Junior Team Tennis, the team concept emphasizes fun, fitness, and friends. This is designed for players seeking team drills and team play experience. A full and complete description is available at www.coloradotennis.com. Entry due date, May 24, 2010

Contact: Barry Riddle – parkertennis@gmail.com

Volleyball Camps

22. Volleyball Summer Camp

Dates: August 2 – August 6

Time: 3:30pm – 5:30pm

Grades: Incoming 6th – 12th graders

Place: Legend High School Gyms

Cost: \$85 (includes t-shirt)

Instructor: Katie Winsor, Legend High School Head Volleyball Coach, and rest of LHS volleyball staff

Equipment: Proper gym shoes, training shorts or spandex, and a t-shirt (no tank tops).
Bring kneepads and a water bottle.

Description: This camp is the best way to prepare for the upcoming fall volleyball season and middle school volleyball season! Sessions include skills breakdown and instruction (passing, serving, hitting, defense, setting, blocking, etc), position-specific instruction, team systems (offense and defense), speed and agility training, guest speakers, and a variety of game situations. Beginning and advanced players are welcome. Each camper will receive a t-shirt.

Contact: Katie Winsor – katie.winsor@dcsdk12.org

23. Legend Volleyball Preseason Camp

Dates: August 9 – August 13

Time: 3:30pm – 5:30pm

Grades: Incoming 9th – 11th graders

Place: Legend High School Gyms

Cost: \$50

Instructor: Katie Winsor, Legend High School Head Volleyball Coach, and rest of LHS volleyball staff

Equipment: Proper gym shoes, training shorts or spandex, and a t-shirt (no tank tops).
Bring kneepads and a water bottle

Description: This camp is critical to give you the edge you need for tryouts and a successful volleyball season! All girls planning on trying out for an LHS Volleyball Team should plan on attending both camps.

Contact: Katie Winsor – katie.winsor@dcsdk12.org

Wrestling Camps

24. Volleyball Kids' Camp

Dates: August 30 – August 31
Time: 4:30 – 6:30pm
Grades: ages 5-12
Place: Legend High School Gyms
Cost: \$50 (includes t-shirt)
Instructor: Katie Winsor, Legend High School Head Volleyball Coach, and rest of LHS volleyball staff
Equipment: Proper gym shoes, training shorts or spandex, and a t-shirt. Bring kneepads (if you have them) and a water bottle.
Description: Campers will enjoy age-specific instruction in spiking, passing, digging, setting, and serving, and will get to play games. Campers will be split by ability into beginning, intermediate, and advanced groups. We will have volleylite volleyballs and lower nets for our younger campers. Each camper will receive a t-shirt and will get to hand out with the high school varsity team and coaches.
Contact: Katie Winsor – katie.winsor@dcsdk12.org

25. Legend High School Wrestling Camp

Dates: June 23rd – 26th
Time: 1:00pm – 4:00pm
Grades: Incoming 9th – 11th graders
Place: Legend High School, Wrestling Room
Cost: \$100
Instructor: Andrew Ubben, Head Wrestling Coach and other Legend Wrestling Coaches
Equipment: Shorts, t-shirt, wrestling shoes (contact if a problem), water bottle, and a snack.
Description: This camp is designed to introduce the athletes to the new program, establish traditions, and to focus on the fundamentals of wrestling. Special attention will be paid to take downs, hip and hand control, and pinning combinations. The camp will include fun wrestling games, and tumbling.
Contact: Andrew Ubben – andrew.ubben@dcsdk12.org

26. Legend Youth Wrestling Camp

Dates: June 23rd – 26th
Time: 9:00am – 12:00pm
Grades: Ages 5 - 14
Place: Legend High School, Wrestling Room
Cost: \$100, \$90 for second child, \$80 for third child
Instructor: Andrew Ubben, Head Wrestling Coach, and other Legend Wrestling Coaches
Equipment: Shorts, t-shirt, wrestling shoes (contact if a problem), water bottle, and a snack.
Description: This camp is designed to introduce the athletes to the new program, establish traditions, and to focus on the fundamentals of wrestling. Special attention will be paid to take downs, hip and hand control, and pinning combinations. The camp will include fun wrestling games, and tumbling.
Contact: Andrew Ubben – andrew.ubben@dcsdk12.org

Activity Camps

27. Legend / Cimarron Summer Theater Camp

Dates: Monday June 7th -11th
Time: 8:00am – 4:00pm (Mon – Thur)
8:00am – 8:00pm Friday
Grades: Incoming 8th – 11th Grade
Place: Legend High School, Theater
Cost: \$225 per students. (Includes camp t-shirt, 4 show tickets, costumes, and pizza for dinner on the final day.)
Instructor: Julie Lachance, Liane Adamo, Krisha Sielaff, Kurt Stroman
Equipment: Sack lunch daily, snacks, and water bottle. Please wear comfortable (dance) clothes and shoes.

Description: Auditions/Audition Workshop:
(Note: All interested students **are** guaranteed a part in the show – these auditions are to practice audition skills and to place students in roles.) Students will pick up the audition material on May 7th when registration is due, from Ms. LaChance and memorize the given monologue and song for the audition workshop/auditions on May 18th and 19th after school. The cast list will be posted and scripts/materials handed out on Thursday, May 20th after school. - **Students must have all lines and songs memorized by June 7th (our first rehearsal)**

Rodgers and Hammerstein’s Cinderella: A Broadway Musical in one week! In this comprehensive one-week camp students will develop audition, acting, singing and dancing skills for a Broadway “Style” Musical culminating with two performances of the show at the end of the week.

Contact: Julie LaChance –
Julie.lachance@dcsdk12.org.

28. Marching Band Music Mini Camp

Dates: May 24 – May 27
Time: 9:00am – 1:00pm
Grades: Incoming 8th – 11th, marching band students.
Place: Legend High School, Theater
Cost: Included in Band Camp Fee
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: This is a 4 day music camp for all marching band students... This camp is not for Percussionists or Color Guard members as they are on a slightly different schedule. This is the only camp for Brass and Woodwind marching band members until July 21st. If possible, parents - please plan vacations and schedules around these dates as they are a necessity for marching band students. Much of the music for the fall marching show will be learned during these 4 days. If a student is not at the camp, that does not preclude them from participation in marching band, it just means that they will be significantly behind in their music preparation. Monday Day 1 Learn 1st production, Tuesday Day 2 Learn 2nd Production, Wednesday Day 3 Learn 3rd Production, Thursday Day 4 Review music for all Productions/ and begin parade music preparation for Colorado State Fair Parade (Pueblo). More detailed information for each day will be available before camp begins. If you have a conflict with this camp, please contact Mr. Otis immediately. See band website for more information – www.legendtitanband.com

Contact: Orlando Otis – Orlando.Otis@dcsdk12.org

29. Legend Percussion and Color Guard Camp

Dates: July 12 – July 16
Time: 9:00am – 1:00pm
Grades: All members of the Legend Marching Percussion, Pit Percussion and Color Guard
Place: Legend High School
Cost: Included in fee for Band Camp
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: All members of the Legend HS Marching Percussion, Pit Percussion and the Color Guard members are required to attend this camp. The exact time of day has not been determined but they will be 4 hours in length. The percussion sections and color guard sections traditionally meet before the full band meets. Because of the nature of their instruments and equipment it is imperative that they get a head start on the band. This camp begins 1 week before the full band camp and runs from July 12 - 16. The 2 week full band camp will begin the week after Percussion and Flag Camp. The full band camp includes All Brass, Woodwinds, Percussion and Color Guard If possible, percussion and color guard parents, please plan vacations and other events between the end of school and July 12th as it is a necessity for all percussion and color guard students to be in attendance at these camps. See band website for more information – www.legendtitanband.com
Contact: Orlando Otis – Orlando.Otis@dcsdk12.org

30. Legend Full Marching Band Camp

Dates: July 18 – July 30, Monday - Friday
Time: 8:00am – 4:00pm
Grades: All members of the Legend Marching Band
Place: Legend High School
Cost: \$510.00, due by Wed, July 28
Instructor: Orlando Otis, Band Director
Equipment: Instrument
Description: Full Marching Band camp means: All students that are in marching band -Color Guard / Percussion / Brass and Woodwind students. This camp runs from July 21- July 30th (no weekends) The schedule is 8am - 4pm. There will be much information on these most important 2 weeks in the months to come. Students will learn the 10' field show for the fall as well as parade music for the fall parades which will include the Colorado State Fair, Littleton Western Welcome week. See band website for more information – www.legendtitanband.com
Contact: Orlando Otis – Orlando.Otis@dcsdk12.org

31. Legend Pitching/Catching Softball Camp

Dates: August 4, 5, and 6
Time: 4:00 – 7:00pm
Grades: Ages 7-14 years old
Place: Legend High School Softball Field
Cost: \$40 includes a t-shirt(\$65 if attending camp #18 also, or \$70 is doing camp #19 also.)

Instructor: Shelly Doumer, Head Softball Coach, and several current and former high school players will assist with the camp.

Equipment: Bat, glove and shoes

Description: This camp is designed to meet the needs of each participant in the areas pitching and catching. Emphasis will be placed on the fundamentals of each skill. Each athlete will be shown technique and drills that can be used to help improve their ability as a player.

Please mail all camp registrations by July 25 (so coach can order shirts). If not, bring it on August 4th, the first day of camp. Walkups are welcome the day of camp.

Contact: Shelly Doumer – Shelly Doumer 303-387-4500 (wk), shelly.doumer@dcsdk12.org

2010 Legend Spring/Summer Camp Registration

Please Print. Do not include more than one participant per registration form; use blank form to make copies for additional participants. Please mail or bring in registration forms and checks to the Athletic Office, or the Camp Instructor.

Student's Name _____ Age _____

Parent\Guardian's Name _____

Address _____

Street _____ City _____ Zip code _____
Phone Number _____ Work Number _____

School student now attends _____ Grade (as of 2010-2011 School Yr.) _____

E-Mail Address _____

Emergency Information: If we cannot contact parents, call:

Name _____ Phone _____

Relationship _____

Family Doctor _____ Phone _____

STUDENT AND PARENT OR GUARDIAN ADVISEMENT AND PERMIT

Colorado High School Activities Association Rules and Regulations state that no pupil shall participate in interscholastic activities until he/she is on file with the appropriate office: (a) a statement signed by his or her parent or legal guardian that he/she has the consent to participate and (b) a statement from a practicing physician certifying that the pupil is physically fit to participate in high school interscholastic activities.

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants can and have the responsibility to help reduce the chance of injury. PLAYERS UNDERSTAND AND, BY THEIR PARTICIPATION, AGREE THAT THEY MUST AND WILL OBEY ALL SAFETY AND TRAINING RULES, FOLLOW DIRECTIVES OF THE COACHES, PROMPTLY REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM AND INSPECT THEIR OWN EQUIPMENT DAILY. By signing this Permission Form parents and student acknowledge that they have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.

We understand that coaches, trainers and team physician may use their own judgment in securing medical aid and ambulance service in case of an emergency or in mild injuries where parents cannot be reached. Also the team physician, trainer and/or coach may apply first aid treatment until the family physician can be contacted.

I have read the forgoing, acknowledge the "WARNING" above, accept the risks described and agree to abide by the principles and regulations contained therein.

X _____
Signature of Student _____ Date _____

I/We have read the foregoing, acknowledge the "WARNING" above, accept the risks described and hereby give consent for the above named student to participate in interscholastic athletics within the Douglas County School District Re. 1, in the following Colorado High School Activities Association approved sports except those crossed out: Baseball, basketball, cross country, football, golf, gymnastics, soccer, swimming, tennis, track and field, volleyball and wrestling. Consent includes spirit teams, managing and training unless crossed out.

X _____
Signature of Parent or Guardian _____ Date _____

INTERSCHOLASTIC ACTIVITIES INSURANCE WAIVER

I fully understand the Douglas County School District Re. 1 does not provide health or life insurance coverage for the above named student while he/she is participating in the activities associated with interscholastic sports. I/We further understand that it is my/our responsibility to provide adequate insurance coverage to the above named student.

X _____
Signature of Parent or Guardian _____ Date _____

Camp #	Camp Title	Date/Time of Camp	T-Shirt Size	Cost of Camp
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____

Please make checks payable to Legend High School. Your processed check will be your receipt.

If check is returned, you may be charged collection fees through the District. If paying with credit card, please print out the credit card form and return with registration form.